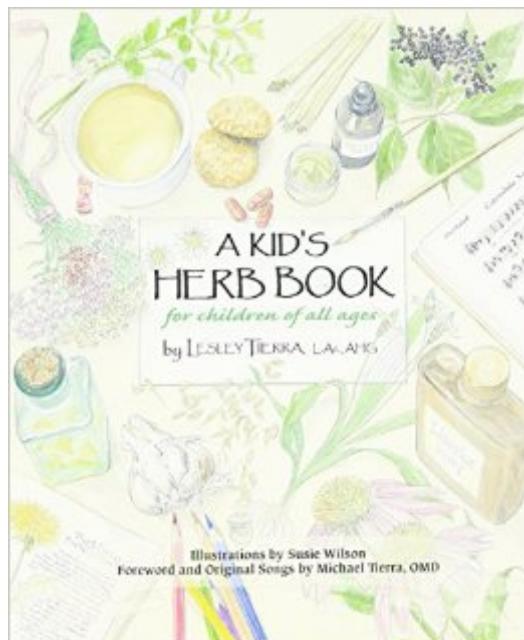


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# Kid's Herb Book, A: For Children Of All Ages



## Synopsis

Kids! Explore the mysterious world of herbs with this magical, herbal workbook: Make your own healing potions, secret remedies, magical salves, enchanted syrups and special healing remedies. Recipes, projects, delightful stories, chant herbal songs, color in pictures, activities, grow your own garden, create healing herbal preparations!A Kid

## Book Information

Paperback: 264 pages

Publisher: Robert Reed Publishers; 1 edition (January 1, 2010)

Language: English

ISBN-10: 1885003366

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Product Dimensions: 8.4 x 0.6 x 9.9 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 starsÂ  See all reviewsÂ (67 customer reviews)

Best Sellers Rank: #55,931 in Books (See Top 100 in Books) #23 inÂ Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Herbs #40 inÂ Books > Cookbooks, Food & Wine > Cooking by Ingredient > Herbs, Spices & Condiments #63 inÂ Books > Parenting & Relationships > Family Activities

Age Range: 3 and up

Grade Level: Preschool and up

## Customer Reviews

I picked up this book at the library last summer along with a bunch of other herb books. I don't think I ever opened the other ones up at all. I renewed this book three times, copied the recipes and advice to notecard form, and I finally bought my own. It is the \*best\* introduction to herbalism I have found yet. It is written for kids but adults can benefit from it just as much, if not more. This book is full of love and awe for plants and their special properties. I think it would be a great book to give to a child-it has a gazillion things kids can do with herbs, and I think it would really open children's senses to the "secret life of plants" (another great book-recommended reading at the end of this one). A large part of the book explores 16 different herbs and in the process teaches the basics of herbalism from salves to tinctures to capsules and more! Everything described is very easy to do and effective as well (& fun! :) ) Other chapters explore kitchen herbs, flowers, gardens, and it is full of some great references as well. I have \*tons\* of books on herbalism now but this was the catalyst

for my interest and will always be my personal favorite. This would be a great reference for a super cool science teacher as well.

WOW! I got this book for my kids, and they had to wrestle it away from me to get a peek! It is fun, clearly written and beautifully illustrated. It's a wonderful introduction to herbs for both kids and adults. Lots of recipes for tinctures, syrups, poultices, powders and more; along with lore and some really fun stories about the individual plants. I only wish we were a musical family so we could enjoy the songs!

I found this book so pleasing-- the information is very basic and well explained. The writing and illustrations are absolutely charming. For those who love stories, you'll enjoy the story for each herb opening each chapter. There are crafts, recipes, instructions on how to get started with an herb garden, and very detailed instructions on how to use herbal remedies and create an herbal first aid kit. Even if you don't have kids, if you are interested in getting an herb garden started or working with herbs, this is a very simple, enjoyable introduction.

First let me say that I am 28. A friend and I bought this book for ourselves, as we have no children. Both of us have always been interested in learning more about herbs, but had found most herb books a bit confusing when you have no real knowledge base to begin with. We started reading this and loved it. The explanations of the herbs are basic, yet tell you everything you need to know. We loved that the illustrations of the herbs told you what colors to use when you colored them in, and the stories were great at helping us to remember the main use of an herb. I am now regularly using most of the herbs covered in the book and have started using other books and adding to my knowledge. If you want to learn about herbs, still like to play and learn like a child then you will really enjoy this book. You really don't need kids to need this book!

I have about 100 books on herbs in my personal library. I gave this kids' version to my 5 year old son for a gift and we are in LOVE with it like no other. There are stories, facts, lessons, potions and recipes, identifiers and Mr. Greenleaf who is a loveable Gnome who leads you through this lush garden of text and illustrations. BRAVO to this author, someone got it RIGHT! Great for Pagan children.

I bought this one because we homeschooled and my son is really into plants and such. I have to agree

with the other mom who said that the kids had to wrestle it away from her! The first couple of things we found that was really fun are recipes for homemade rootbeer and marshmallows. We are totally going to try these. To be honest, we haven't gotten that far into it yet, but I have flipped through it and found so many interesting things that I can't wait to dive back into it this week with my son!

I bought this for my son a few years ago and am so glad I did. My 'grown up' herbals were too much for him, this brings him in to a good variety of easy use to herbs, teaching how they work, when to use them, and how to use them. Lesley teaches energies of symptoms and herbs - warming, drying, cooling, for instance, and with an easy to understand chart that helps direct which herbs would help. The chapters are filled with kid friendly stories, lovely drawn illustrations, information on the herbs. The legacy of herbal medicine can be passed to our children, as they learn by watching us, and by reading for themselves. On the occasion I am not well, he will get out his herb book, and ask me questions about how I feel, what symptoms, and the best part is listening to him decide that he thinks maybe \*this\* and \*this\* herb would be beneficial for me. I will agree or redirect and he rethinks it until he finds a better option for me. He'll also bring the book to me when he's not feeling well and let's me know which he thinks might help and why. I bought this when he was 7, he is now 10.

Absolutely LOVE this book! This book is fabulous for the beginner with herbs and children. It makes an EXCELLENT curriculum for homeschoilers or parents who just want to teach their children about healing with plants. This book is full of stories and recipes and explanations about herbs and how to use them. It is broken down so that it is informative yet fun and easy to take in. Not overwhelming or hard to understand or read. Any well read child of any age can pick this up and read it and comprehend it. The back has a lot of great resources for parents of any experience with herbs to use to find what remedy you might want to use for certain ailments and other great indexes. I have used them for teaching classes to parents and they loved it because it was so easy to understand. I seriously can't say enough about this book! It is also a great companion for the game Wildcraft Wildcraft! An Herbal Adventure Game, a cooperative board game if you want to get your family started in herbs and plant medicine and healing and natural wellness, check this book out! You won't be disappointed. Again as a homeschooling family this is also a wonderful addition to our library and "curriculum".

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